

2022 Outdoor Track Field Performances

		CBE	NP Invite	Souderton	Coates Inv	CBW	JK Inv	NP	West Relays	Pennridge	Helman Inv	LEAGUES	DISTRICTS
	##	3/29/2022		4/5/2022	4/9/2022	4/12/2022	4/14/2022	4/19/2022	4/23/2022	5/3/2022	5/5/2022	5, 13-14	5, 20-21
FAT=+.24	PRs	W 80-70		W 86.5-59.5		L 47-103		L, 47-103					
300 H (40.5/40.74)		37.23p Ryan Hynes (senior) 2012 District 1 Championships											
Bullock		46.55		44.46	43.12, 4th	42.54	43.22	x	42.72	41.85	41.28, 2nd	41.09, 4th	
Khadka		48.20		50.38		46.59	46.62	46.67	<b>Team 5th</b>	45.94	45.56	44.21, 7th	
Kennedy		48.71	47.72	47.38	50.55	x		52.47	46.99	47.54			
Juliano		50.29		49.27		46.55		48.72		47.21	49.44	46.55, 13th	
Wellock		53.35		51.00		50.64		49.01		47.32			
Campbell		50.85		49.09		48.78		47.71		Nissen 50.82			
Kube		53.26		50.90		50.08		49.46		48.92			
110H (15.3/15.54)		14.83 Haqq Leagues 2014											
Hildebrand		17.30	17.62	17.19	16.90, 17.04, 7th	16.70		16.46		16.75	16.48, 1st	16.37, 16.19, 3rd	
Carey		17.20		16.99		x		x		x			
Khadka		20.82	21.82	22.88		20.6	18.73	19.31		18.98	17.97, 5th	FS	
100 (11.0/11.24)		10.65 Ryan Hynes (senior) 2012 District 1 Championships											
Cunningham		DNR	11.64	11.54		x		11.45		11.36			
C Hartranft		11.59	11.65	11.60		x		x		11.64	11.56, 4th	11.44, 11.45, 7th	
Kennedy				11.81	12.05	x	11.71	x		DNR		11.63, 13th	
Bullock						11.75		x		DNR			
Hildebrand		11.74	11.78	11.92		x	11.82	x		DNR			
Eaton		12.51		12.60		12.43		12.14		12.02			
Carrigan		12.34	12.48	12.39		12.44		12.11		DNR	12.34		
Sharma		12.45		12.27		12.07	12.28	12.13		12.23			
Juliano						12.23		x		DNR			
Pfendner		12.38		12.39		12.33		12.18		12.34			
Berger			12.28		12.69	x		x		12.18			
Nissen						12.44		12.21		12.32			
Dierfield		12.93		x		x		12.47		DNR			
Polis						12.38		12.40		12.48			
Kube				13.05		12.71		12.54		12.68			
K Hartranft		12.93		x		12.92		12.76		12.81			
Nagathota		13.53		13.54		13.14		13.02		13.30			
Fine		13.54		13.18		12.81		13.09		13.32			
Nookella		13.58		13.53		13.23		13.52		13.35			
Euker		13.80		13.83		13.36		13.30		13.64			
Hong								14.10		14.16			
Patel		14.24		14.43		14.92		x		DNR			
Kus						15.96		16.74		16.18			
200 (22.6/22.84)		21.89, Ryan Hynes 2012, Kiwanis Invite											
Cunningham		DNR	23.00	23.49		x	23.06, 4th	23.04		22.43d		22.48, 22.34, 2nd	
C Hartranft		23.70	23.31	23.57		x		x		x			
Hildebrand		24.10	23.82	x		x		23.89		23.66			
Kennedy						23.56		24.53		x		23.58, 12th	
Bullock		x	x	24.11		x		x		x			
Eaton		26.03		26.08		25.15		24.81		24.26		24.65, 21st	
Sharma		25.81		25.60	26.06	24.76	24.87	24.96		24.67			
Fine		28.44		28.14		26.56		27.61		24.66			

2022 Outdoor Track Field Performances

Carrigan	25.38		x		25.34		24.92		25.08			
Polis	26.07		25.45		25.26		25.12		25.10			
Nagathota	28.90		28.96		27.19		27.66		25.34			
Kube	27.18		26.83		25.84		25.82		25.52			
Juliano	25.96		x		x		x		x			
Pfendner	26.00		26.00		x		x		x			
Dierfield	26.17		26.03		x		x		x			
K Hartranft	27.39		x		26.59		26.32		25.75			
Smoluk	28.09		28.48		x		27.48		26.35			
Euker	DNS		29.10		28.17		27.77		28.26			
Nookella	28.74		28.46		28.18		27.90		26.18			
Hong							29.46		26.69			
Patel	29.97		29.47		x		x		x			
Kus					33.65		36.85		34.06			
400 (51.0/51.24)	48.89 FAT, 2022 Ethan Cunningham, State Champs											
Dodoo	52.82	50.91d	52.24		50.09d		x					
Cunningham					50.38d		x		49.50d, 1st		49.01, 49.44 7th	
Kennedy	56.83		x		x		x		51.32	53.43	53.64, 8th	
Dierfield	57.43		56.20	55.31	x	54.90	55.63		54.48	44.03	53.64, 8th	
Juliano		56.98	58.09	55.69	x	56.00	x		55.75			
Pfendner	59.15		57.47	56.09	x	57.37	58.02		56.28		56.19, 20th	
Morrow							56.87		x			
Carrigan	x		56.61		x		x		57.57			
Wellok	63.39		60.74		60.15		59.81		58.45			
Valentine	64.80		58.99		59.77		60.42		58.99			
Campbell	62.28		59.66		x		62.42					
Bullock	60.81		x		x		x					
800 (1.59.64)	1.49.01, 2010, Tom Mallon, State Champs (SHIP U)											
Dodoo		2.01.22	x		x		x		1.59.47d		1.54.04, 2nd	1.53.84, 2nd
Morrow	2.08.89	2.06.64	2.08.93	2.07.29	x	2.08.17	x		x	2.05.57	2.04.93, 13th	
M Polak	2.08.01	2.11.72	DQ		x	2.07.39	2.12.39		2.03.89	2.04.25	2.10.45, 20th	
Crowley					2.12.28		2.24.74		x			
Smith				2.15.47	x		2.17.10		2.15.22			
Konopka	x		2.17.70		x		x					
J Lucas					2.25.43		2.26.23		2.27.16			
Rector	2.41.09		2.41.54		2.32.61		2.33.13		2.34.52			
Bucuy	2.30.80		2.30.84		2.28.33		2.30.07		2.36.83			
DeMaria	2.33.08		2.33.90		2.32.76		2.48.14		x			
Harper	2.41.92		2.38.96		2.30.49		2.40.57		2.38.80			
McGovern	2.40.48		2.38.36		x		2.39.02		2.41.30			
Iannacone	2.38.10		2.38.66		2.35.77		2.42.90		2.42.10			
DeChiaro	2.44.10		2.38.08		2.35.07		2.40.53		2.44.94			
Sieto	2.47.44		2.43.37		2.39.68		2.48.72		2.44.96			
Valentine	x		2.37.86		x		3.27.76		x			
Azzarouk	2.33.60		2.37.31		2.29.52		2.55.37		3.00			
Khan	3.11.25		2.59.11		3.05.02		3.09.66		3.06			
1500	Waddington, 4.10.75, Kiwanis 2011											
1600 (4.28.24)	Scarpill '17, 4:13.60 (State Champs)											
M Polak		4.37.17	x		4.55.03		4.46.22				4.35.07, 8th	
Schaefer					4.41.09		x					
Morrow		4.39.84	4.42.76		4.44.65		4.47.46		4.41.50		4.36.44, 9th	
Smith		5.02.60	5.02.00	4.53.84		5.18.26	x		4.55.72		5.01.65, 21st	

2022 Outdoor Track Field Performances

Konopka	5.06.95			4.54.89		4.57.07	x			4.51.03, 4th		
Smith	5.14.00						x		Bucuy 5.30.86			
Lucas	5.31.84		5.23.22	5.22.75			x					
Azzarouk	x		5.45.97	5.39.78			5.40.77		5.38.82			
DeMaria							5.43.61					
3000	9.18.12 FAT, 2010, Austin Gregor, Kiwanis											
3200 (9.50.0)	9.28.60 FAT, 2017, Matt Scapriell, SOL Champs (WT)											
Schaefer	10.57.11		10.34.52	10.17.50, 5th		10.52.27	10.38.98		10.13.92	10.07.34, 4th	9.57.42, 5th	
Konopka	11.06.19	10.47.81	x		10.37.87		11.01.43		10.47.96		10.34.02, 11th	
M Polak	x		11.18.11									
Smith					11.24.92							
LJ (20-9)	22-10, 2007, Vince Formica, North Penn dual											
Carey	19-11	20-6.5	20-5		21-2	21-1.25, 1st	21-0.75	20-1	20-7	21-10.5d, 2nd	20-11.5, 1st	21-4.25, 4th
Knappenberger	NM		18-6	18-5	18-1.25	16-8.5	17-5.25		17-7	18-4	18-9.5, 8th	
Polis	16-1		16-4.5		16-3		17-4		18-3.5		17-2.5, 12th	
Berger	17-4	17-9	18-0.5	16-4	18-1.5		17-6.75	17-1	17-3	19-0		
Rector	15-0		15-9.5	15-11	16-3.5		15-5.75	Team 3rd	15-2.25			
Kreckmann	14-7.5		x		x		x		15-4.5			
Smoluk	13-4		14-7				14-2.5		14-0.5			
TJ (42-8)	44-11.5, 2016, Adam Smoluk, District 1 Champs (Coatesville)											
Carey	40-3.5	41-11.25	40-4	41-2, 4th	x		41-9		x		41-3.75, 5th	
Knappenberger	37-8.5	37-11	38-1.5	37-4.25	37-6		37-1	38-1.25	36-8.75	37-11.75	36-8, 9th	
Berger	35-4		37-7		37-2		33-10	36-6.5	37.1.5	36-8.5	36-4, 10th	
								Team 3rd				
HJ (6-2)	6' 7", Randall Johnson, 2014 State Champs, 2013 MoC Lehigh											
Carey	5'10	6'0	6'0	6'0, 2nd	6'0	6'2, 2nd	6'2	6'2	6'2	6'1d, 4th	5'10, 4th	6-1, 5th
Wellock								NH	5'0		5'0, 10th	
Khadka	NH		NH		x			Team 4th	Nissen ?			
PV (13-0)	15' 6", 2008, Derek Hynes, SOL Champs (CBS)											
Knappenberger	10'0	9'6	10'		11'0	10'6, 4th	10'6	11'6	12'0	12'6	12'0, 2nd	NH
Kreckmann	7'6		x		NH			8'0	NH	NH	NH	
								Team 2nd				
SP (48-0)	52-7.75, 2012, Rosenholtz, District 1 Championships (Coatesville)											
Stoughton	38-5.75	38-3	39-5.5	36-2	41-7	38-11	37-3		39-7	39-3.25	39-2, 7th	
Schanbacher	x		35-1.5	35-11	41-7		x-x		x			
Popuri	27-0.5	29-3.25	30-0.5	31-7.5	29-0.5	29-5.5	27-4.75		x			
Anis	24-10.5		25-3		24-3		24-3.5		27-4.5	29-7	26-6.75, 17th	
Disc (135-0)	148-2, Dank, 2012 (CB East Dual Meet)											
Schanbacher	110-7	85-1	97-9	98-8	94-0	98-10	113-1	123-0	142-3d	136-9, 1st	146-8, 1st	137-0, 9th
Stoughton	97-9		91-5		x		105-5	105-4	99-10	98-8	114-4, 5th	
Popuri	73-11	60-4	69-10		68-3		56-8		77-8		67-10, 15th	
Valentine					57-1	59-6	x		70-6	75-8		
Patnam	x		67-4		55-5		x	Team 1st	59-7			
Khalife	58-10		55-11		58-6		52-2		53-2			
Jav (160'0)	177-6.5, 2005, James Bowes, Kiwanis											
Stoughton	111-4	116-7	133-1	119-1	135-1	116-1	117-1	125-3	126-7	130-4, 4th	121-9, 4th	
Schanbacher	x		121-5		118-3		x		x			
Patnam	96-5		96-3	104-9	74-10		85-7		92-0	104-2	96-10, 12th	

2022 Outdoor Track Field Performances

Popuri		89-8	96-8	96-7	102-5	98-5	100-6	96-10	97-6	96-7	92-6	90-8, 15th	
Khalife		60-10		79-10		71-4		71-5	<b>Team 4th</b>	79-6			
Bai		69-4		71-6		67-7		58-11		55-7			
Valentine		x		68-2		x		x		37.00			
Leibfreid		55-0		58-7		61-0		69-6		65-2			
<b>4x100 (43.9/44.14)</b> A		<i>41.90 FAT, 2012, State Champs (T Berkeley, D Melair, N Scipione, R Hynes)</i>											
		46.62	44.93	45.09	44.80, 7th	DQ	44.15, 4th	45.17	44.46, <b>2nd</b>	43.87d	47.58	43.38d, 4th	44.92, 18th
									48.45, <b>3rd JV</b>				
<b>4x400 (3.26.24)</b> A		<i>3.18.87 FAT, 2010, State Champs (Y Zerdoum, N Drozd, T Mallon, J Eisemann)</i>											
		3.38.56		3.38.62	3.27.03, 3rd	3.47.03	3.30.74, 4th	3.45.69	3.29.47, <b>4th</b>	3.40.5h	3.22.89d, 1st	3.21.11, 2nd	3.23.19, <b>5th</b>
					F/S 4.07.49				3.44.45, <b>3rd JV</b>	Penn Relays: 3.25.82			
<b>4x800 (8.12.04)</b> A		<i>7.33.48 FAT, 2009, States Champs (J Dickson, D Manion, M Poiesz, T Mallon)</i>											
		8.45.38		8.45.26	8.12.63, 2nd	9.54.78	8.30.01, 3rd	8.57.24	9.05.69	?	8.10.65d, 1st	8.18.12, 4th	8.01.27, <b>7th</b>
									10.00.05				
DMR		<i>10.15.46, 2011, Penn Relays (J Waddington, R Hynes, R Dickson, A Gregor)</i>											
									11,44.50, <b>2nd</b>				
													<b>East Throws Meet</b>
SMR	/1/2/	<i>1.34.45 FAT, 2010, Kiwanis (RL Knuckles, J Eisemann, Y Zerdoum, N Drozd)</i>											
													Schanbacher, D, 129-7
SMR	/2/4/	<i>3.40.44 Olek 23h, Tarsie 23l, Rad 51.6, Tomaselli 2.01</i>											
A									3.51.52				Popuri, D, 65-0
4 x 1600	##												Popuri, J, 85-5
Shuttle Hurdle Relay									19.14.36, <b>3rd</b>				Leibfreid, J 61-0
4x200										1.32.17, <b>4th</b>			Popuri, SP, 26-3.5

2022 Outdoor Track Field Performances

STATES		
5, 27-28		
	FAT=+.24	
	300 H (40.5/40.74)	
	Bullock	
	Khadka	
	Kennedy	
	Juliano	
	Wellock	
	Campbell	
	Kube	
	110H (15.3/15.54)	
	Hildebrand	
	Carey	
	Khadka	
	100 (11.0/11.24)	
	Cunningham	
	C Hartranft	
	Kennedy	
	Bullock	
	Hildebrand	
	Eaton	
	Carrigan	
	Sharma	
	Juliano	
	Pfendner	
	Berger	
	Nissen	
	Dierfield	
	Polis	
	Kube	
	K Hartranft	
	Nagathota	
	Fine	
	Nookella	
	Euker	
	Hong	
	Patel	
	Kus	
	200 (22.6/22.84)	
	Cunningham	
	C Hartranft	
	Hildebrand	
	Kennedy	
	Bullock	
	Eaton	
	Sharma	
	Fine	

2022 Outdoor Track Field Performances

	Carrigan	
	Polis	
	Nagathota	
	Kube	
	Juliano	
	Pfendner	
	Dierfield	
	K Hartranft	
	Smoluk	
	Euker	
	Nookella	
	Hong	
	Patel	
	Kus	
	400 (51.0/51.24)	
	Dodoo	
<b>48.89p, 49.27 8th</b>	Cunningham	
	Kennedy	
	Dierfield	
	Juliano	
	Pfendner	
	Morrow	
	Carrigan	
	Wellock	
	Valentine	
	Campbell	
	Bullock	
	800 (1.59.64)	
<b>1.54.48 7th</b>	Dodoo	
	Morrow	
	M Polak	
	Crowley	
	Smith	
	Konopka	
	J Lucas	
	Rector	
	Bucuy	
	DeMaria	
	Harper	
	McGovern	
	Iannacone	
	DeChiaro	
	Sieto	
	Valentine	
	Azzarouk	
	Khan	
	1500	
	1600 (4.28.24)	
	M Polak	
	Schaefer	
	Morrow	
	Smith	

2022 Outdoor Track Field Performances

	Konopka	
	Smith	
	Lucas	
	Azzarouk	
	DeMaria	
	3000	
	3200 (9.50.0)	
	Schaefer	
	Konopka	
	M Polak	
	Smith	
	LJ (20-9)	
20-5, 21st	Carey	
	Knappenberger	
	Polis	
	Berger	
	Rector	
	Kreckmann	
	Smoluk	
	TJ (42-8)	
	Carey	
	Knappenberger	
	Berger	
	HJ (6-2)	
NH	Carey	
	Wellock	
	Khadka	
	PV (13-0)	
	Knappenberger	
	Kreckmann	
	SP (48-0)	
	Stoughton	
	Schanbacher	
	Popuri	
	Anis	
	Disc (135-0)	
	Schanbacher	
	Stoughton	
	Popuri	
	Valentine	
	Patnam	
	Khalife	
	Jav (160'-0)	
	Stoughton	
	Schanbacher	
	Patnam	

2022 Outdoor Track Field Performances

	Popuri	
	Khalife	
	Bai	
	Valentine	
	Leibfreid	
	4x100 (43.9/44.14)	
	A	
	4x400 (3.26.24)	
<b>3.19.61p, 6th</b>	A	
<b>3.20.57, 7th</b>		
	4x800 (8.12.04)	
8.24.48, 21st	A	
	DMR	
	SMR	
	SMR	
	A	
	4 x 1600	
	Shuttle Hurdle Relay	
	4x200	